



Board Meeting, this Tues. night, 8:45 PM.
Click here to Zoom:
Board Meeting. Meeting ID: 201 873 9025; Passcode: 112233.

FRIDAY NIGHT CANDLE LIGHTING 6:47 PM | 1 TISHREI 5784 | SEPTEMBER 16, 2023

יום שבת קודש/ראש השנה
SHABBAT KODESH
ROSH HASHANAH

This year, Tashlich is said on Sunday, the second day of Rosh Hashanah, **AFTER** Mincha.

FRIDAY EVENING

MINCHA	6:50 PM
SHKIA	7:05 PM
TZAIT HAKOCHAVIM	7:45 PM

SHABBAT/ROSH HASHANAH DAY 1

SHACHARIT	7:45 AM
LAST KRIAT SHEMA	9:44 AM
MINCHA	6:40 PM
SHKIA	7:04 PM
MAARIV/HAVDALAH	7:49 PM
LIGHT CANDLES	> 7:49 PM

ROSH HASHANAH DAY 2

SHACHARIT	7:45 AM
LAST KRIAT SHEMA	9:44 AM
MINCHA	6:30 PM
TASHLICH	6:45 PM
SHKIA	7:02 PM
HAVDALAH/MAARIV	7:47 PM

FROM THE MEN'S CLUB

(1) Pre-order your Etrog & Lulav, promo code BANE5 (\$5 off), here: [ARBAMINIM](#) (deadline for pre-order is Thur., Sept. 21). Pickup/in-person acquisitions (no discount) is at the shul on Sunday, Sept. 24, 9:00 AM to 11:00 AM.

(2) Sylvia Latkin סבילא סוכה construction is Sunday, Sept. 24 after Shacharit.

(3) Sukkah hop is the 1st day of Sukkot, Shabbat, Sept. 30. Email egreene@acm.org to be one of the families to volunteer their Sukkah.



BABY SITTING



Baby sitting for ages 2 - 12 on Rosh Hashanah will be 9:00 AM - 1:00 PM, and on Yom Kippur 6:30 PM to 8:30 PM during Kol Nidrei and 9:00 AM to 2:30 PM. Please email kira.batist.msw@gmail.com with any questions.

ROSH HASHANAH SCROLL

Apologies to Michele & Lee Brooks and Ruth Brooks who were inadvertently left off of the mailed version of the Rosh Hashanah Scroll.


BARUCH DAYAN HA'EMET

We regret to inform you of the passing of our founding member Norman Greenstein, beloved husband of Margo. המקום ינחם אתכם בתוך שאר אבלי ציון וירושלים

SIMCHAT TORAH KIDDUSH

We can't pull off the Simchat Torah Kiddush without you! To become a Platinum sponsor (\$180), Gold Sponsor (\$118) or a general sponsor (\$54), please email Steve at seplotnick@gmail.com. We also need donations of single malt Scotch.

FROM THE RABBI

- Rosh Hashana Drasha #1: "Teshuva - Not in Heaven: How Hard is Religion Supposed to Be?" 
- Rosh Hashana Drasha #2: "Torah - Not in Heaven: Exegesis Loves You".
- Shabbat Shuva Shiur: "I am to my Beloved and My Beloved is To Me: Developing a Secure Attachment to God".

MEN'S USE OF THE MIKVAH BEFORE THE HIGH HOLIDAYS

For relevant information, please turn to page 2.

 ORTHODOX UNION התאחדות אגודת ישראל Enhancing Jewish Life	SUNDAY 9/17	MONDAY 9/18	TUESDAY 9/19	WEDNESDAY 9/20	THURSDAY 9/21	FRIDAY 9/22
WEEKDAY MINYANIM AT AHAVAT ACHIM						
<u>SHACHARIT</u>		6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:00 AM
<u>MINCHA/MAARIV</u>		6:30 PM	6:46 PM	6:45 PM	6:43 PM	6:40 PM
ZMANIM						
Fast Begins		5:27 AM				
Earliest Talit		5:45 AM	5:46 AM	5:47 AM	5:48 AM	5:49 AM
Gedolah		1:21 PM	1:20 PM	1:20 PM	1:19 PM	1:19 PM
Shkia		7:00 PM	6:58 PM	6:57 PM	6:55 PM	
Tzait/Fast Ends		7:40 PM	7:38 PM	7:37 PM	7:35 PM	

UPCOMING EVENTS

September 23 - Shabbat Shuva drasha, 12:00 PM to 1:00 PM, sponsored by the Agress family to commemorate the 50th Yahrzeit of Amy's father, Ha'Rav Yisroel Yehuda Ben Ephraim Michal Ha'Levi Pruzansky ז"ל and by the Vann family in memory of Avi's grandfather Yosef Meier Ben Yitzchak Shmuel Dov ז"ל. Childcare available.

September 23 - Kohelet Chapter-By-Chapter shiur at Seudah Shlishit with presenters Liz Jacob, Steve Plotnick, Daniel Borsuk, Ilana Schwitzer, Shami Bernstein, and Rich Mayer

September 24 - Sukkah construction and Etrog/Lulav sale and pickup

September 30 - Sukkah Hop

October 13 - Bereshit BBQ Under the Stars. Adults (12+)-\$25; Kids (6-11)-\$13; Kids (3-5)-\$5; fam. max \$72. RSVP Here: [BBQ Stars](#)

October 14 - Mental Health Awareness Discussion, "Why Mental Health Matters: Strength & Struggle", at Seudah Shlishit.

December 8 - Chanukah Dinner

IN OUR FUTURE

September 23 - Seudah Shlishit is sponsored by Shirley & Avi Vann on the Yahrzeit of Avi's grandfather Yosef Meier Ben Yitzchak Shmuel Dov ז"ל.

October 1 - Kiddush is sponsored by the Winchester family on the Yahrzeit of Steve's mother Helen Winchester, Miriam Hendl bas Shimon ז"ל

October 21 - Seudah Shlishit is sponsored by David & Lori Garfunkel in memory of Jonathan ז"ל and Lori's mother רחל ברוניא דוד, Tootsie Markovitz ז"ל.

October 28 - Seudah Shlishit is sponsored by Steven Plotnick in honor of a siyum on Yerushalmi Mesechet Kilayim.

KIDDUSH & SEUDAH SHLISHIT

● THIS WEEK NO KIDDUSH AT SHUL.

- To sponsor a Kiddush (prices start at \$318, plus a bottle of scotch) email dmgarfunkel@gmail.com to coordinate details and budget.
- To sponsor for \$136 Seudah Shlishit (or in the case of multiple sponsors, \$100 per sponsor), email David at dmgarfunkel@gmail.com.

SHIURIM



- RAMBAN ON THE PARSHA, Tuesdays at 1:00 PM, in person and on zoom: <https://zoom.us/j/7291311899> (PW: 112233).

- TORAH FOR YOUR COMMUTE, via a Whatsapp group, with 3-minute daily halacha insights and a weekly 5-minute parsha elucidation. To join email Rabbi



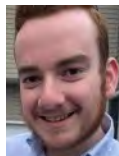
Shestack at rabbishestack@gmail.com.

- SHABBAT GEMARA SHIUR, on hiatus.
- SHABBAT ONEG SERIES.
- FUNDAMENTALS OF JEWISH THOUGHT, after Shabbat kiddush. - "19 Letters" by Rabbi Samson Raphael Hirsch.
- MESORAH-IN-REVERSE lecture series at Seudah Shlishit on Shabbat.



SHALOM BRAUSER, OUR TEEN MENTOR/ADULT EDUCATOR

- Middle school Chabura will take place every third shabbat. Next Chabura TBA.
- Tzurba m'raban group will begin after the chagim.



MIKVAH CHAVA FAIGA OF FAIR LAWN/MEN'S HOURS/ RELATED INFORMATION

- Erev Rosh Hashanah, Friday, September 15, 4:30 AM - 2:00 PM.
- Erev Yom Kippur, Sunday, September 24, 4:30 AM - 3:00 PM.
- All men must shower at home and bring their own towel.
- Book a time slot here: <https://bit.ly/mens-mikvah>. Cost is \$30 per person (\$60 family max).
- Walk-ins will be accommodated when possible. Cost will be \$36/per person.

18-25 Saddle River Road
Fair Lawn, NJ 07410
201.797.0502
<http://www.ahavatachim.org>

GITA COOPERWASSER ז"ל YOUTH EVENTS

Sept. 23 - Ice Cream Kiddush celebrating Youth Group graduations, sponsored by the Mihailevsky, Mayer, and Nudelman families

Sept 23 - Stay & Play, Wigod home 3:45 PM

Sept. 24 - Donuts & Sukkah Decorating, and a Simchat Torah project, 10:00 AM

October 1 - Kids Sukkah Hop, Brooks home then Borsuk home, 3:30 PM

October 7 - 24th Annual Children's Hakafot/Farewell to Sukkah Yehei

Ratzon/Pre-Yom Tov Kids Dinner, starting 5:15 PM. Singing, dancing, divrei Torah by a human-sized leviathan, and chicken nuggets.

November 12 - Obstacle Course and Relay Races with Coach Mel, followed by Pizza. Grades 1 to 4. Sunday, 3:30-5:00 PM. \$8 per child/\$12 family max.



GITA COOPERWASSER ז"ל YOUTH PROGRAM



- Rabbi Meet & Greet, every Friday night, kids come over to the Rabbi after davening to receive a cup of grape juice and a ticket!
- Children earn tickets for coming to minyan (Friday night and/or Shabbat day), asking the rabbi questions or attending parent-child learning programs! Tickets can be redeemed for prizes!
- Shabbat Youth groups run by our wonderful youth leaders for children Kindergarten to 2nd Grade starts at 9:00 AM in the Youth Room on the right upon entering the social hall. Parents are encouraged to drop their children off.
- Shabbat Youth groups for Children in Pre-K and younger starts at 10:00 AM in the Youth Room on the left upon entering the social hall. Tefillah begins at 10:30 AM led by Perri Mayer.
- Shabbat Youth groups for Children 3rd Grade and up starts at 10:15 AM in the Beit Midrash.





NAME	HEBREW DATE	CANDLE EVENING OF	DEDICATOR	RELATIONSHIP
Starinsky-Kutovsky Family	1	September 15	Seymour Wigod	Family
Jerry Pruzansky	2	September 16	Amy Agress	Father
Lenore Bickel	9	September 23	Jack Bickel	Mother
David & Augusta Cahn Maier	10	September 24	Audrey Bickel	Grandparents
Sofie Maier & Children	10	September 24	Audrey Bickel	Great-Grandmother & Family
Blanche Mueller	11	September 25	Joyce Heller	Mother
Nathan Arthur Weinflash	11	September 25	Joan Goldberg	Father
Herschel Israel Frankel	13	September 27	Elyce Smedresman	Uncle
Ronald Heller	13	September 27	Joyce Heller	Husband
Helen Wincheshter	16	September 30	Steve Winchester	Mother
Walter A. Rothschild	19	October 3	Audrey Bickel	Father
Philip Goldberg	20	October 4	Barry Goldberg	Father
Ellen Hope Rosenberg	21	October 5	Joyce Heller	Sister
Shmuel Sevek Adler	22	October 6	Oren Adler	Grandfather
Max Smedresman	22	October 6	Steve Smedresman	Father
Max Heller	26	October 10	Joyce Heller	Father-In-Law
Musia Krakow	26	October 10	Seymour Wigod	Aunt

DAVID SCHWITZER ע"ה SOCIAL HALL

Please contact Lori Garfunkel at garfmom@gmail.com to book the David Schwitzer ע"ה Social Hall for an event or special occasion. \$250 per simcha (members)/\$325 for Associates/\$400 paid in advance for non-members, plus the cost of additional clean up (and a \$150 security/cleaning deposit refunded when the social hall is returned in its original condition). Private caterers must be approved in by the Rabbi.

DONATE A SEFER, ETC.

Siddurim & Machzorim (\$40), and Chumashim (\$60), are available for donation. Please contact Jeff Safier at jeff.Safier@gmail.com for details.

SCRIP

Men's Club scrip is available. Email dmgarfunkel@gmail.com for details.

HONORARIA

The available Honoraria list will be provided upon request by contacting Steven Plotnick at seplotnick@gmail.com.

MISHEBAYRACH

With a Mishebayrach you've pledged to give Tzedakah on behalf of those for whom you asked Hashem's blessing. Contributions to the shul can be made using Paypal's Giving Fund (with 100% of the proceeds going to the Shul), by clicking here: [Ahavat Achim Donations](#). If by check, please indicate on its face "Aliyah Donation."

YAHRTZEIT PLAQUES

Memorialize a loved one with a plaque, \$300 for members/\$450 for nonmembers. We will strive to send you written notice of upcoming yahrzeit and announce name during public Yizkor. Email Amy at aagress@gmail.com to arrange.

MEN'S CLUB

Please contact Elliot Greene at MensClub@AhavatAchim.Org to join the Men's Club.

SPONSORSHIPS

Sponsorships opportunities for Yahrzeits, Refuahs, and Hodahs (thanks), are available for regular shiurim, youth events and similar activities (but not for established honorariums or sponsorship funded events). Cost of sponsorship (shiur or youth event) is \$100 per sponsor. Multiple sponsors for an event will be accepted. Sponsorships will be listed in the bulletin and announced at the event (and, if possible, a placard with the sponsorship will be prepared and displayed at the event).

Sponsorships do not include any extra amenities (such as food). Please contact either Stephen Agress or Steve Plotnick for questions or clarifications.

EREV ROSH HASHANAH

The Shofar is not blown on Erev Rosh Hashanah to distinguish between the voluntary shofar blowing of Elul and the obligatory shofar blowing of Rosh HaShana. One takes a haircut and bathes. If practical, immersion in a Mikvah should not be before an hour before midday so that we may enter the Day of Judgement in a state of holiness and purity. Candle-lighting Brachot are "להדליק" and "נר של יום טוב" and "שהחיינו".

א' דראש השנה FIRST NIGHT ROSH HASHANAH

First night, after services, we bless each other with: "לשנה טובה תכתב ותחתם", "May you be inscribed and sealed for a good year". The Vilna Gaon stated that we don't say "ותחתם" ('and sealed') on Rosh HaShanah. At home to symbolize a sweet year we dip challah in honey. We also dip a piece of apple in honey and eat it after making the Bracha פרי העץ. Then say, "May it be Your will our G-D and G-D of our fathers that You renew for us a good, sweet year." Other symbolic foods are eaten such as meat of a ram's head, or the head of a fish or fowl, followed by statements like, "May it be Your will that we be raised high and proud like the head and not lowly like the tail." We eat grated carrots (Yiddish word for carrots 'Mehren' can be translated as multiplying) and say, "May it be Your will that we be fruitful and multiply" and "May it be Your will that our merits increase."

ב' דראש השנה SECOND NIGHT ROSH HASHANAH

On the second night, it is proper for women to wear a new garment or display a new fruit at candle-lighting so that the שהחיינו applies to these also (don't eat the fruit before Kiddush). Similarly, at the dinner table, have a new fruit or wear a new garment so that the Bracha שהחיינו at the end of Kiddush applies to these as well. (If one forgot to prepare a new fruit or garment he still makes the שהחיינו).

תקיעת שופר SOUNDING THE SHOFAR - SECOND DAY ONLY

Before sounding the Shofar, we recite "למנצח" (Psalm 47) seven times, followed by the verses whose first letters spell out "קרע שטן" "destroy Satan." The Baal T'kiah makes the Brachot: "לשמוע קול שופר", and "שהחיינו" bearing in mind that the Brachot and sounding the Shofar also are on behalf of all those listening. Baal T'kiah blows three sets each of תשר"ת, תש"ת, and תר"ת. **One absolutely must not talk during the first thirty sounds, and even afterwards one cannot talk until the conclusion of all one hundred sounds at the end of services unless absolutely necessary.** After the first thirty blasts the Baal T'kiah leads the congregation in: אשרי; and לדוד. We return the Sifrei Torah to the ark.) One may not eat before hearing the Shofar sounded. However, if one feels weak, he may make Kiddush and taste some food immediately after the first thirty blasts – the prohibition against speaking during the Chazzan's repetition of ShemonEh Esrei is a very serious one.

צום גדלי/FAST OF GEDALIAH SEPTEMBER 18, 3 TISHREI

Fast is observed from 5:27 AM until 7:40 PM. The chazan includes the prayer Anenu in the repetition of the Shachrit amidah. At Shacharit the Thirteen Divine Attributes are said. Passages of Vayechal are read from the Torah (Shemot 32: 14 & 34: 1-10).

AHAVAT ACHIM MEMBERSHIP/ HOSPITALITY

Email Sara at membership@ahavatachim.org for membership details or Shabbat hospitality.

PERSONAL ANNOUNCEMENTS

Various life cycle events related to members are announced in the bulletin (e.g., births and weddings of children/grandchildren, bar/bat mitzvahs of children, deaths requiring shiva observance, as well as travel to/from Israel to study). Other personal announcements are not appropriate except as part of the bulletin's dedication (\$36 cost - \$54 with photo).

NUMBERS & INFO

ERUV: To subscribe for updates, email fairlawneruv@groups.io. Check status at <https://groups.io/g/fairlawneruv> or call 201-254-9190.

MIKVAH: 201-796-0350. At Shomrei Torah. Go to <http://www.fairlawnmikvah.org/> for online booking.

TWITTER: AhavatAchimFL

FACEBOOK: www.facebook.com/profile.php?id=100091322384429

INSTAGRAM: www.instagram.com/ahavatachim/

FLICKR: flickr.com/photos/ahavatachim/albums

BULLETIN DEDICATIONS, ANNOUNCEMENTS, AND SHUL CALENDAR

Email seplotnick@gmail.com to request an announcement of a simcha, refuah or life cycle event in the bulletin or to dedicate a bulletin for \$36 (\$54 w/ Photo).

COMMUNITY SECURITY

To volunteer and become part of our community security service, email Margo at security@ahavatachim.org.





AHAVAT ACHIM

קהלת אהבת אחים

THE FAMILY SHUL

*Ahavat Achim Joins with the Families Listed Below
in Wishing You a Shana Tova 5784*

לשנה טובה תכתבו

Amy & Stephen Agress and family
Audrey & Jack Bickel and Family
Natasha, Daniel, Dov & Ezra Borsuk
The Brenenson Family
Michele & Lee Brooks and Family
Ruth Brooks
Sharon & Adam Brooks and Family
Saragail Chessin Carpe
Laura & Javier Coello
The Czinn Family
Michelle, Zvi, and Daniel Dubin
Rose & Ron Dworkis
Lisa & Jacob Eis and Family
Elfie & Jamie Eisman and Family
The Farajun Family
Marina & Fred Fontaine and Family
Lori & David Garfunkel and Family
Joan & Barry Goldberg
Naomi & David Graber
Dina & Elliot Greene and Family
Risa Goldman & Eli Greenbaum & Family
Joyce Heller and Family
Gail & Elliott Hershkowitz and Families
Liz, Ariella, Daniel & Samuel Jacob
The Kempin Family
Georgette Kestler and Family
Sheree & Hazkiel Kor and Family

Evelyn & Larry Kraut
Al Kustanowitz and Family
Melanie Kwestel and Family
Gloria & Robert Lewisohn and Family
Aliza, Richard, Perri, & Sophie Mayer
The Mihailevsky Family
The Norton Family
Gail & Steven Plotnick
Cary & Marty Reichardt and Family
Howard Rein
Andrea, Greg, Deborah, Michael and
Eden Riskin
Jewel & Robert Safren
Madeline Schmuckler
Esther Schwed & Jesse
Ilana & Nate Schwitzer and Family
Chana & Rabbi Shestack and Family
Elyce & Steve Smedresman
Ron Sokoloff
Betsy & Marty Sonnenblick and Family
Randi & Arnie Spier and Family
Fern & Oded Strich and Family
Beth & Steve Wechsler and Family
Kira & Andrew Wigod and Family
Seymour Wigod and Family
Shelly & Steve Winchester and Family
Ray & Steve Wolfson
Matt & Esther Zimmelman and Family

*May Hashem Grant Us All
a Healthy, Happy & Peaceful New Year*



BNEI AKIVA
OF THE UNITED STATES & CANADA

*Highest Quality
& Exclusively
from Israel*

ARBAT HAMINIM SALE

Pre-order your Arbat Haminim with Bnei Akiva!



**\$5 OFF
PURCHASE**

WITH PROMO CODE
BANE5

*Coupon for pre-order only



Ahavat Achim

Fairlawn NJ

Pick Up and Sales

Sunday, September 24

9am - 11am

www.bneiakiva.org/mifal/

For more information, please contact:
arbamlnm@bneiakiva.org
212-465-9536

*All proceeds from this sale
go toward scholarships and
other Zionist youth programs*



AHAVAT ACHIM

קהלת אהבת אחים

THE FAMILY SHUL

CONGREGATION AHAVAT ACHIM INVITES YOU TO A

BERESHIT BBQ UNDER THE STARS

Join us for a Shabbat dinner unlike any other, as we prepare for Parshat Bereshit with an upscale Friday night BBQ dinner under the stars.

Take a break after all the yom tovim and gather with our Ahavat Achim family for a Shabbat BBQ dinner!

10.13.2023 | AFTER MAARIV

PRICING:

ADULTS (12 YEARS OLD +) - \$25

CHILDREN AGES 6 - 11 - \$13

CHILDREN AGES 3 - 5 - \$5

FAMILY MAX - \$72

RSVP BY 10/9/2023!

EVENTS



AHAVAT ACHIM
— קהלת אהבת אחים —
THE FAMILY SHUL

UPCOMING

SHAB SEP 8-9

**6-9 GRADE SHABBAT
DINNER & SEUDAT SHELISHIT**
WITH TEEN MENTOR SHALOM BRAUSER

SAT, SEPT 9

**ROSH HASHANAH PARENT
CHILD LEARNING**
3:45 PM @ AA SOCIAL HALL

**ELUL MATTERS PRE-ROSH
HASHANA SHIUR**
6:10 PM BY R' TANI FINKELSTEIN

KUMZITZ AND SLICHOT
MIDNIGHT @ AA

SAT, SEPT 23

SHABBAT SHUVA DRASHA
12 - 1 PM @ AA (WITH CHILDCARE)

STAY & PLAY
3:45 PM @ WIGOD HOME

**KOHELET
PEREK-BY-PEREK SHIUR**
AT SEUDAH SHLISHIT @ AA

SUN, SEPT 24

**SUKKAH DECORATING AND
DONUTS**
10 AM @ AA

FOR MORE INFORMATION VISIT
[WWW.AHAVATACHIM.ORG/AA-
EVENTS/UPCOMING-EVENTS/](http://WWW.AHAVATACHIM.ORG/AA-EVENTS/UPCOMING-EVENTS/)

High Holiday Childcare Rosh Hashanah

Groups begin @ 9 am

Davening & Rosh Hashanah learning
after Torah reading led by
Barry Weinraub

Shofar blowing following davening by
Matt Zimmelman (Sunday only)

Group Leaders:

Nicole

Lyla

Letizia

Brooke

Raquel (1st day)

Amy (2nd day)



AHAVAT ACHIM
WITH JOHN COHEN
THE FAMILY SHUL



Congregation Ahavat Achim



High Holiday

Childcare

Rosh Hashanah 9:00 - 1:00

Kol Nidrei

Yom Kippur 9:00-2:45

Children Ages 2 - 12



Sign up by 9/4/23 using this link:
<https://forms.gle/AyM7nYi4XTr9FYdK9>
E-mail youth@ahavatachim.org with any questions



Create special sukkah decorations for our community sukkah and to take home!

Featuring a special Simchat Torah project!

Followed by delicious donuts!

Sunday, September 24th at 10 AM
@ Ahavat Achim in the
David Schwitzer Social Hall

RSVP to youth@ahavatchim.org
by September 18th



Bring a picture
of your child for
a special
decoration!

Whether you are young in years or
young at heart, ALL are invited to
Ahavat Achim's first ever

Ice Cream Kiddush

in celebration of youth groups expansion

Come celebrate our shul's growing
number of children as they "graduate" and
move up into their new group rooms!

After davening, there will be a short ceremony
followed by Kiddush.

Shabbat Sept 23rd

If you would like to sponsor \$18 toward
this momentous event please email
youth@ahavatachim.org



AHAVAT ACHIM
קהלת אהבת אחים

AHAVAT ACHIM YOUTH
DEPT PRESENTS:

**OBSTACLE
COURSE
&
RELAY RACES
WITH COACH MEL**

GRADES 1ST- 4TH

Sunday November 12th

3:30- 5:00 pm

\$8 per child/ \$12 per family

18-25 Saddle River Rd

FOLLOWED BY PIZZA



AHAVAT ACHIM

קהלת אהבת אחים

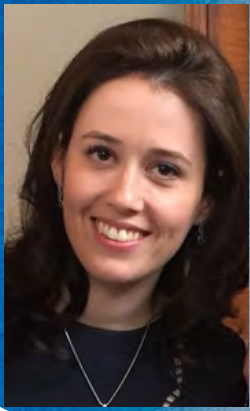
This is a drop off event



AHAVAT ACHIM
— קהלת אהבת אחים —
THE FAMILY SHUL

MENTAL HEALTH AWARENESS DISCUSSION

WHY MENTAL HEALTH MATTERS: STRENGTH AND STRUGGLE



Speakers:

Kira Wigod, LCSW, MPS-H, Andrea Riskin, PsyD, Jewel Safren, LCSW

Moderated by:

Chana Shestack, LSW

CONGREGATION AHAVAT ACHIM
18-25 SADDLE RIVER ROAD

SATURDAY, OCTOBER 14, 2023

MINCHA: 5:30PM
SEUDAH SHLISHIT & DISCUSSION: 6:00PM

EVENTS@AHAVATACHIM.ORG

PARENTS AND ME STAY & PLAY

Congregation Ahavat Achim



Featuring a special interactive program!

Sept 23
@ 3:45 PM

Wigod Family
RSVP to obtain the address



Questions? Email youth@ahavatachim.org

24th Annual Farewell to the Sukkah & Simchat Torah Kinderkafot


JOIN US AT 5:15 PM IN THE SHUL SUKKAH FOR
A SPECIAL GOODBYE PROGRAM WITH DIVREI
TORAH, SINGING, AND DANCING WITH A HUMAN
SIZED LEVIATHAN!

followed by kids dinner, hakafot, & dancing in the
David Schwitzer social hall

Dinner for kids 10 and under, must rsvp by october 2nd

youth@ahavatachim.org





The Ahavat Achim Youth Dept.
invites children of all ages to
our annual

KIDS SUKKAH HOP

3:30 pm

Meet at first stop



*with special
programming
& activities*

RSVP to youth@ahavatachim.org to obtain address

1st hop: Sharon & Adam Brooks

2nd hop: Natasha & Daniel Borsuk

2nd day of Sukkot
OCTOBER 1st



AHAVAT ACHIM
קהלת אהבת אחים

THE FAMILY SPIRIT