

CANDLE LIGHTING 4:11 PM | 4 TEVET 5784 | DECEMBER 16, 2023 | HAVDALA 5:14 PM

שבת פרשת מקץ SHABBAT PARSHAT MIKEITZ

Haftorah is Kings I 3:15-4:1. This Haftorah is read only when Shabbat Parshat Mikeitz does not occur during Chanukah, a rare occurrence.

FRIDAY EVENING

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MINCHA	4:15 PM
SHKIA	4:29 PM
TZAIT HAKOCHAVIM	5:09 PM
SHABBAT	
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HASHKAMA 8:00 AM
MAIN 9:00 AM
LAST KRIAT SHEMA 9:33 AM
POST-HASHKAMA SHIUR 10:00 AM
FUNDAMENTALS SHIUR 11:15 AM
PRE-MINCHA SHIUR 3:20 PM
MINCHA 4:00 PM
MAARIV 5:14 PM

SEUDAH SHLISHIT

Heshie Brooks and Vivian Lerner will be speaking about their respective experiences while in Israel on and after October 7 and their volunteer experiences.

POST CHANUKAH SHABBAT DINNER

SHABBAT PARSHAT MIKEITZ
Haftorah is Kings I 3:15-4:1. This
Welcome to our post Chanukah Shabbat Dinner. Thank you to Shelly
Winchester (for everything) and Liz Jacob for organizing.

KIDDUSH



Kiddush is sponsored by Esther & Matt Zimmelman to celebrate the births of Tara & Kira and a thank you to the Ahavat Achim community.

MAZEL TOV

Mazel tov to Vicki & Ian Joseph on their daughter Samantha's marriage to Corey Abrams.

יעלה הזיווג יפה ויבנו בית נאמן בישראל

May the beautiful couple be elevated to build a faithful house of Israel.



MAZEL TOV



Mazal Tov to Sheree & Hazkiel Kor on the birth of a granddaughter, Miriam Rachel, to Loni & David Kor.

May they raise her to Torah, marriage and good deeds. יגדלה לתורה ולחופה ולמעשים טובים

עשרה בטבת - FAST OF TENTH OF TEVET - FRIDAY, DECEMBER 22 FAST BEGINS 6:09 AM - FAST ENDS AT SHABBAT KIDDUSH AFTER 5:12 PM (REMEMBER THAT IT IS ALWAYS FORBIDDEN TO TAKE EVEN A SIP OF WATER ONCE SHABBAT BEGINS UNTIL FRIDAY NIGHT KIDDUSH)

"And it was in the ninth year of his reign, in the tenth month, in the tenth of the month, that Nebuchadnezzar, King of Babylon came, he and all his hosts, upon Yerushalayim, and he encamped upon it and built forts around it. And the city came under siege till the eleventh year of King Tzidkiyahu. On the ninth of the month famine was intense in the city, the people had no bread, and the city was breached." (II Melachim 25). We see then, that the tenth of Tevet - on which the siege of Yerushalayim began, was the beginning of the whole chain of calamities which finally ended with the destruction of the Beit Hamikdash. [From ou.org]

ORTHODOX UNION missis Enhancing Jewish Life	SUNDAY 12/17	MONDAY 12/18	TUESDAY 12/19	WEDNESDAY 12/20	THURSDAY 12/21	FRIDAY 12/22	
WEEKDAY MINYANIM AT AHAVAT ACHIM							
<u>SHACHARIT</u>	8:00 AM	6:15 AM	6:25 AM	6:25 AM	6:15 AM	6:05 AM	
MINCHA/MAARIV	4:18 PM	4:18 PM	4:19 PM	4:19 PM	4:19 PM	4:15 PM	
ZMANIM							
Earliest Talit	6:15 AM	6:15 AM	6:16 AM	6:17 AM	6:17 AM	6:18 AM	
Gedolah	12:16 PM	12:16 PM	12:17 PM	12:17 PM	12:18 PM	12:18 PM	
Shkia	4:30 PM	4:30 PM	4:31 PM	4:31 PM	4:31 PM		
Tzait	5:10 PM	5:10 PM	5:11 PM	5:11 PM	5:11 PM		
Rabbi Ely Shestack President Stephen Agress							

UPCOMING EVENTS

January 2 - Dr. Nava Silton Lecture, "Parenting & Mental Health in the Modern World", Part 2 - "Grit/Effortful Perseverance". 8:30 PM, via Zoom.

March 9 - Dr. Nava Silton Lecture, "Parenting & Mental Health in the Modern World", Part 3 - "Creativity, w/ Interactive Game". 8:30 PM, at the Shul.

IN OUR FUTURE

December 19 - Board Meeting

December 23 - Seudah Shlishit is
sponsored by Natasha & Daniel Borsuk to
commemorate the Yahrtzeit of Natasha's
father חונא בן פייוועל הכהן
Henry Nadler

January 5 - Musical Kabbalat Shabbat

January 6 - Seudah Shlishit is sponsored by
Betsy & Marty Sonnenblick for the yahrzeit
of Marty's mother הענטשא מאטל בת זלמן
Helene Sonnenblick הענטשא מאטל בת זלמן
Helene Sonnenblick in honor of a siyum on Yerushalmi Mesechet
Shevi'it.

January 27 - Seudah Shlishit is sponsored by the Plotnicks on the yahrzeit of Gail's father, אברהם נחום בן משה, Alan Hodes אברהם נחום בן השהיש. February 2 - Musical Kabbalat Shabbat February 3 - Kiddush is sponsored by Gail & Steven Plotnick on the conclusion of Gail's aveilus for her father, אברהם נחום בן משה, Alan Hodes אברהם נחום בן משה.

March 8 - Musical Kabbalat Shabbat

KIDDUSH & SEUDAH SHLISHIT



- THIS WEEK'S KIDDUSH IS MEAT.
- To sponsor a Kiddush (prices start at \$318, plus a bottle of scotch) email dmgarfunkel@gmail.com to coordinate details and budget.
- To sponsor for \$136 Seudah Shlishit (or in the case of multiple sponsors, \$100 per sponsor), email David at dmgarfunkel@gmail.com.

SHIURIM

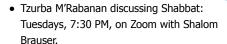


- SAMSON RAFAEL HIRSCH ON THE PARSHA, Tuesdays at 1:00 PM, in person and on zoom: https://zoom.us/j/7291311899 (PW: 112233).
- TORAH FOR YOUR COMMUTE, via a Whatsapp group, with 3-minute daily

halacha insights and a weekly 5-minute parsha elucidation. To join email Rabbi Shestack at



- SHABBAT GEMARA SHIUR, 40 minutes before mincha.
- · SHABBAT ONEG SERIES.
- FUNDAMENTALS OF JEWISH THOUGHT, after Shabbat kiddish.
- MESORAH-IN-REVERSE lecture series at Seudah Shlishit.



Tzurba M'Rabanan on Kashrut,
 Wednesday, 8:30 PM by Rebetzin Chana,
 at her home.

SHALOM BRAUSER, OUR TEEN MENTOR/ADULT EDUCATOR

Middle school Chabura will take place every third shabbat. Upcoming Chabura dates are as follows:

December 8/9, January 5/6, February 2/3



DR. NAVA R. SILTON LECTURES



The second of a 3-part series entitled "Parenting & Mental Health in the Modern World", will be held on January 2 at 8:30 PM via Zoom, on the topic of "Grit/

Effortful Perseverance", and then again on March 9 at 8:30 PM at the shul on "Creativity" with an interactive game she created! RSVP to: https://forms.gle/aAxVZKFohfS5BAyc7.

GITA COOPERWASSER^{¬"} YOUTH EVENTS

December 24 - Dr. Shnitzel, 10:30 AM - 11:30 AM, David Schwitzer Social Hall. Early Bird (until 12/20) \$12/child, \$28 max/family. After \$15/child, \$35 max/family. Under 2 are free.

December 30 - Parent Child Learning, 6:15 - 7:00 PM, hosted by Farnaz & David Gorelik

GITA COOPERWASSER[¬]"y YOUTH PROGRAM



- SHABBAT YOUTH LEADERS, 1ST -4TH GRADE: ARIELLA & LETIZIA AND 3 YRS - K: NICOLE & LYLA
- Youth group for children in 1st to 4th Grades starts at 9:00 AM (Drop Off) in the Youth Room on the left upon entering the social hall.
- Youth group for children 3 years old through Kindergarten starts at 9:30 AM (Drop Off) in the Youth Room on the right upon entering the social hall.
- Parent & Me room opens at 9:30 AM in the Beit Midrash.
- 5th through 9th graders will meet for Torah and games at 10:00 AM in the David Schwitzer Social Hall.
- Rabbi Meet & Greet, every
 Friday night, kids can come over to the
 Rabbi after davening to receive a cup of grape juice and a ticket!
- Children's corner at Seudah Shlishit, 1st to 4th graders will get 10 Torah questions in 10 minutes from Rabbi Shestack, with special snacks, tickets and more.
- Children earn tickets for coming to minyan (Friday night and/or Shabbat day), asking the rabbi questions or attending parent-child learning programs!
 Tickets can be redeemed for prizes.

18-25 Saddle River Road Fair Lawn, NJ 07410 201.797.0502 http://www.ahavatachim.org





(POST) CHANUKAH SHABBAT DINNER

FRIDAY, DECEMBER 15



4:30 PM - KABBALAT SHABBAT

We invite you to join us on the Shabbat after Chanukah, as we break down barriers between neighbors and create authentic connections within our local Jewish community during these challenging times.

PRICING:

ADULTS (12 YEARS OLD +) - \$25

NEW TO CHILDREN AGES 6 - 11 - \$13

ACHIM FAMILY CHILDREN AGES 3 - 5 - \$5

NEIGHBORE OUR

ADULTS (12 YEARS OLD +) - \$25

CHILDREN AGES 6 - 11 - \$13

ACHIM FAMILY CHILDREN AGES 3 - 5 - \$5

NEIGHBORE OUR





CHILDREN'S CORNER © SEUDAH SHLISHIT 1ST-4TH GRADERS

10 questions in 10 minutes!

EXCLUSIVE KIDS TABLE
FEATURING
TORAH QUESTIONS WITH RABBI SHESTACK
SPECIAL SNACKS, TICKETS & MOREI
FOLLOWED BY FREE PLAY
Starting 11/25 until Pesach



DR. SHNITZEL WACKY SCIENCE SHOW

SUNDAY, DECEMBER 24 DOORS OPEN AT 10 AM, SHOW AT 10:30 AM



KIDS OF ALL AGES WELCOME!

EARLY BIRD (UNTIL 12/20): \$12/CHILD, \$28MAX/FAMILY AFTER 12/20: \$15/CHILD, \$35 MAX/FAMILY CHILDREN 2 AND UNDER: FREE

CONGREGATION AHAVAT ACHIM 18-25 SADDLE RIVER ROAD, FAIR LAWN, NJ

QUESTIONS? EMAIL YOUTH@AHAVATACHIM.ORG





Musical Kabbalat Shabbat Series



WINTER 2023 - 2024



NOV 10 DEC 08

JAN 05 **FEB 02**

MAR 08



Join us for an uplifting Kabbalat Shabbat on Friday nights coinciding with Shabbat Mevarchim throughout the winter!



PARENTING & MENTAL HEALTH IN THE MODERN WORLD

DR. NAVA R. SILTON, PH.D.

MONDAY, NOVEMBER 13TH @ 8:30PM ON ZOOM: EMOTIONAL INTELLIGENCE

TUESDAY, JANUARY 2ND @ 8:30PM ON ZOOM: GRIT / EFFORTFUL PERSEVERANCE

SATURDAY, MARCH 9TH @ 8:30PM AT AHAVAT ACHIM: CREATIVITY (W/INTERACTIVE GAME!)

Nava R. Silton, Ph.D. is a Developmental Psychologist and a Full Professor at Marymount Manhattan College, where she teaches classes in Child Development, Cognition, Personality, Creativity, Children's Media. Learn more here: https://www.drnavasilton.com/



MOTZEI SHABBAT PCL!

Parent Child Learning
WITH RABBI SHESTACK

DECEMBER 30 ~ 6:15-7:00 PM





DAVID & FARNAZ GORELIK HOME 1ST - 4TH GRADE



COME LEARN WITH US IN A COMFORTABLE ENVIRONMENT, EARN TICKETS AND PRIZES, AND ENJOY PIZZA!

RSVP BY DEC 26 TO YOUTH@AHAVATACHIM.ORG FOR ADDRESS





Covenant & Conversation



מקץ • מקץ

FROM THE TEACHINGS AND WRITINGS OF RABBI LORD JONATHAN SACKS 7"2"

With thanks to the Schimmel Family for their generous sponsorship of Covenant & Conversation, dedicated in loving memory of Harry (Chaim) Schimmel.

"I have loved the Torah of R' Chaim Schimmel ever since I first encountered it. It strives to be not just about truth on the surface but also its connection to a deeper truth beneath. Together with Anna, his remarkable wife of 60 years, they built a life dedicated to love of family, community, and Torah.

An extraordinary couple who have moved me beyond measure by the example of their lives." — Rabbi Sacks

Sibling Rivalry

Listen to these words. They are among the most fateful and reverberating in all of Jewish history:

Joseph recognised his brothers, but they did not recognise him.

Gen. 42:8

The Torah is a deep book. We make a great mistake if we think it can be understood on one superficial level. On the surface, the story is simple. Envious of him, Joseph's brothers initially planned to kill him. Eventually they sell him into slavery. He is taken to Egypt. There, through a series of vicissitudes, he rises to become Prime Minister, second only – in rank and power – to Pharaoh.

It is now many years later. His brothers have come to Egypt in search of food. They stand before Joseph, but he no longer looks like the young man they knew many years before. Then, he was a seventeen-year-old called Joseph. Now he is thirty-nine, an Egyptian ruler called Tzofenat Paneach, dressed in official robes with a gold chain around his neck. He speaks Egyptian and uses an interpreter to communicate with these visitors from the land of Canaan. No wonder they did not recognise him, though he recognised them.

But that is only the surface meaning. Deep down, the book of Bereishit is exploring the most profound source of conflict in history. Freud thought the great symbol of conflict was Laius and Oedipus, the tension between fathers and sons. Bereishit thinks otherwise. The root of human conflict is sibling rivalry: Cain and Abel, Isaac and Ishmael, Jacob and Esau, and now Joseph and his brothers.

Joseph has the misfortune of being the youngest but one. He symbolises the Jewish condition. His brothers are older and stronger than he is. They resent his presence. They see him as a troublemaker. The fact that their father loves him only makes them angrier and more resentful. They want to kill him. In the end they get rid of him in a way that allows them to feel a little less guilty. They concoct a story that they tell their father, and they settle down to life again. They can relax. There is no Joseph to disturb their peace anymore.

And now they are facing a stranger in a strange land, and it simply does not occur to them that this man may be Joseph. As far as they are concerned, there is no Joseph. They don't recognise him now. They never did. They never recognised him as one of them, as their father's child, as their brother with an identity of his own and a right to be himself. Joseph is the Jewish people throughout history.

Joseph recognised his brothers, but they did not recognise him.

Judaism was the world's first monotheism, but it was not the last. Two others emerged claiming descent, literal or metaphorical, from Abraham, namely Christianity, and Islam. It would be fair to call the relationship between the three Abrahamic monotheisms one of sibling rivalry. Far from being of mere antiquarian interest, the theme of Bereishit has been the leitmotiv of the better part of the last two thousand years, with the Jewish people cast in the role of Joseph.

There were times – early medieval Spain was one – when Joseph and his brothers lived together in relative

harmony, 'convivencia' as they called it. But there were also times – the blood libels, and the accusations of poisoning wells or spreading the plague – when they sought to kill him. And others – the expulsions that took place throughout Europe (England in 1290, Spain in 1492 etc.) – when they simply wanted to get rid of him. Let him go and be a slave somewhere else, far from here.

Then came the Holocaust. And then came the State of Israel, the destination of the Jewish journey since the days of Abraham, the homeland of the Jewish people since the days of Joshua. No nation on earth – with the possible exception of the Chinese – has had such a long association with a land.

The day the State was born (14 May 1948) David Ben Gurion, its Prime Minister, sought peace with its

neighbours, and Israel has not ceased seeking peace from then until now. But it has been an uphill battle.

This is no ordinary conflict. Israel's opponents – Hamas in Gaza, Hizbollah in Lebanon, President
Mahmoud Ahmadinejad of Iran, are not engaged in a border dispute, these boundaries or those. They deny, as a matter of non-negotiable religious – not just political – principle, Israel's right to exist within any boundaries whatsoever. There are today 56 Islamic states. But for Israel's neighbours, a single Jewish state the size of Wales is one too many.

Joseph recognised his brothers, but they did not recognise him.

There is no State among the 192 member nations of the United Nations whose very existence is called into question this way. And while we as Jews argue among ourselves as to this policy or that, as if this were remotely relevant to the issue of peace, we fail to focus on the real issue, which is: so long as Joseph's brothers do not recognise his right to be, there can be no peace, merely a series of staging posts on the way to a war that will not end until there is no Jewish state at all.

Until the sibling rivalry is over, until the Jewish people wins the right to be, until people – including we ourselves – realise that the threat Israel faces is ultimate and total, until Iran, Hamas, and Hizbollah agree that Jews have a right to their land within any boundaries whatsoever, all other debate is mere distraction.



Around the Shabbat Table

- 1. Can you relate to a time when you found it challenging to communicate your feelings? Did it impact a relationship?

 How was that tension resolved?
- 2. Think of a time when you were not recognised or acknowledged for who you truly are. How did that make you feel, and what was the outcome?
- 3. What do you believe are some key steps towards achieving lasting peace and mutual recognition among differing nations
- These questions come from this week's Family Edition to Rabbi Sacks' Covenant & Conversation. For an interactive, multi-generational study, check out the full edition at www.RabbiSacks.org/covenant-conversation-family-edition/mikketz/sibling-rivalry/



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